

# Fairfield Waters NEWS

ISSUE 18: JULY / AUGUST 2020

## From the Service Manager

Dear Families

Welcome to another addition of Fairfield News.

With the resurfacing of COVID-19 in Victoria and NSW, we are ramping up our social distancing and hygiene measures. Can we please limit the number of people attending the Centre that drop off or collect children. Can I please ask that only parents of children attend the Centre and that any visitors remain outside. We really cannot become complacent about the way this virus works and its ability to spread very quickly.

A reminder to ensure that your child is wearing sun safe clothing when they arrive at the centre. As we are now in the colder months, please ensure that your child/ren have warm clothes when they arrive in the mornings/afternoons.

Please apply sunscreen and insect repellent before your child/ren go out into the yard in the mornings. On that note, each family is required to supply a labelled bottle of insect repellent to be kept at the Centre. The Educators will let you know when it needs replacing.

### **Front Gate:**

**Please ensure that the front gate is closed properly when you are coming in and out of the Centre.**

### **Allergy Reminder:**

We have a child in the Centre with severe allergic reactions to nuts and eggs. We ask that you please be vigilant with ensuring that you **do not** bring any foods from home at all into the Centre containing these ingredients. We particularly ask that you check all breakfast items like cereals, spreads etc. to ensure that they are nut and egg free. Please also ensure that your children have no other food in their bags as well.

We really appreciate your co-operation in this matter.

**Pyjama Day** – We raised \$385.85 on Pyjama Day. Thank you so much a great effort.

## Our Educators

### Kindergarten-

Lynda Goulding – Kindergarten Teacher

Jamie Walker - Lead Educator

Pama Senduran - Educator

### Gulflander Room –

Ayla Hadley – Lead Educator

Nicole Coburn - Lead Educator

Amore Du-Preeze - Educator

### Midlander Room –

Steph Magor– Lead Educator

Maria Auditore – Lead Educator

Noeleen Cockburn – Educator

Sally Foster – Educator

### Inlander Room –

Stephanie O'Brien – Lead Educator

Chloe Holden – Lead Educator

Alice Khong – Educator

Prabhjot Kaur – Educator

Sophie Cannon - Educator

### The Sunlander Room –

Danielle Elliott – Lead Educator

Georgina Pearson – Educator

Gae Scofield – Educator

### The Westlander Room –

Rhi Haupt – Lead Educator

Sophie Jones - Educator

Shaliese Becker - Educator

**Chef-** Hayley Beltrame-Schnetler

### Cleaner/Kitchen Hand –

Simon Conway

### Relief Staff

Chloe Champion– Lead Educator

Kristen Littlemore - Educator

Raquel Ennis – Educator

Rebecca Cook – Educator

Chi-hui (Sonia) Sun - Educator

Ramanpreet Kaur - Educator





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**Birthday Cakes** – If you are bringing in Birthday Cakes for your child/ren please drop them off at the main kitchen. Please ensure that your child's name and class is written on the box.

**Menu** – Please have a look at our Menu that has been changed to include more fresh fruit. It is displayed on the wall near the main kitchen.

### **Reminders**

For children in the Inlander rooms and up, you are required to send in a cot sheet for each day of attendance. If your child does not have a sheet, we will use a Centre sheet but will be sending this home for washing and return the next day. Please ensure that you return any Centre sheets as soon as possible.

Please remember that accounts are required to be paid in full each week. As Debit Success is an automatic payment system it does not have the facility to calculate increases or decreases to amounts. This needs to be done manually by myself. Please check your emailed account regularly and advise the office if you need to increase or decrease your Debit Success payments. If you are not receiving emailed accounts and other updates, please check with the Office that we have your correct email address on file.

As the year progresses, please let the Office know if you have any changes to your personal details such as contact numbers, addresses, expired/lost credit cards (Debit Success), increases or decreases of days etc...

### **Get to Know Our Staff:**

This year, we have some fantastic new staff that have joined our team. This month's we would like to introduce Amore Du-Preeze. Amore is an Educator in the Gulflander Room.

Hi, I'm Amore! I'm 19 years old and I'm from South Africa. I came to Australia in December 2018. When I came to Australia, I knew that I really wanted to work with children so I enrolled in my Certificate III. I completed my Certificate III in June of 2020.

This is my first time ever working in child care. So far, it's been really great. I love coming to work and interacting with the children. I really enjoy seeing all the children with their different personalities.

My goal would be to help each child to become a confident and involved learner.

**Kindergarten for 2020** – If your child is in Kindergarten this year please advise the office if you have a current Health Care Card or DVA card and provide a copy as soon as possible.





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**Driving in and out of the Service:** Whilst we understand that the driveway in and out of the Service is a bit unusual. We ask that you observe the road rules and do not make a right-hand turn into the Service or a right hand turn out. Queensland Police will regularly patrol Lakeside Drive and you will be fined if you are caught. But above all else it is a safety risk. Just a reminder that the speed limit out the front is 60kph all the way along Lakeside Drive

**Children in the Carpark:**

Can we please be mindful when allowing our children to let themselves in and out of cars that they are not letting car doors hit other cars. We have had a few reports lately of parents parking in the carpark and then going out to find that their cars have been scratched or dented. We would really appreciate your co-operation with this.

**Recyclable Materials:** – the Centre is always on the lookout for recyclable materials. These includes items like electrical items, pots and pans, microwaves, books, toys, pretty much anything that children can use in dramatic play, sand pits etc.

**THE SUNLANDER NEWS**

Hello, Sunlander families,

Over the last month in The Sunlander room, we have been focusing on animals and the sounds that they make. The children have been enjoying watching Parry (our bird) and get very excited when he comes into the room for visits. The children are becoming more relaxed with him and most of them are now happy to give Parry some pats and even let him sit on their shoulders at times. We have also added a little home corner kitchen to our room which has been a big hit with our older children. They have loved opening and closing the cupboard doors and placing the pots and pans onto the stove.

Recently we have started to look into the children's cultures. Over the coming weeks, we will start to look into a different culture each week. During each week, we will look at the flags, food and some of the activities that they do in that culture. We have started to add some words around our room in different languages representing those cultures.

If your family has any goals for your children that you would like us to work on please let us know or add it to the communication book. We will follow these up as soon as we see them. We would also like to remind everyone that all children's belongings need to be labelled. This includes bottles, lids, bottle caps, dummies, comforters, clothes, hats and shoes. It is becoming increasingly hard for us to return these items back to their owners when they have no names on them and some of the children have the same or similar items.

The Sunlander Team,  
Miss Danielle, Miss Gae and Miss Georgie





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### THE WESTLANDER NEWS

Hello to all our families!

Welcome to another month in the Westlander room. We have had a fun filled month with learning our letters and alphabet. The children have been growing more and more every day, as we explore a new letter each week. They are gaining the confidence to communicate verbally from these experiences which helps further their learning and abilities with their peers and educators. The children have been exploring their five senses with sensory artworks we have been doing such as, marshmallow paintings and ice paintings. We have also started our pet wall this month, this has extending on the children's sense of belonging and feeling safe and supported. This also encourages the children to engage in conversations about their pets. The children are still growing and showing new interests every day, which is allowing us to build on these and extend on their learning environments. We will continue to focus on our letters each week. Please remember to label bottles, clothes, shoes, etc... Keep bringing in warm clothes for the children as it is starting to get cold.

From the Westlander Team,  
Miss Rhi, Miss Sophie & Miss Shay

### INLANDER TALES

Hello Everyone!

This month in the Inlander room, we are continuing on from our Police visit by looking into more emergency vehicles and looking more into fire trucks and fire safety, as well as a visit from our local fire department and fire truck. The children have been interested in climbing while outside, we have been working on our gross motor skills more through balancing beams and stepping stones as well as making our own obstacle courses while inside the room by using the wooden blocks and resources in the room. The children have shown a big interest in their self-reflection and making different facial expressions while looking in the mirrors, from this we have been looking more into our emotions and body parts by tracing around our bodies and looking at our heights and hair colours. This month, we are focusing on the children's communication skills, we have been looking at a lot of flash cards at group times, singing lots of songs and have implemented an "I spy" game. We now have a few children that have started toilet training, please make sure your children's pants and underwear is clearly labelled and have at least 3 sets of spare clothing.

Thank-you,  
The Inlander staff – Miss Steph, Miss Chloe, Miss Alice, Miss Sophie and Miss Jot





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### **THE MIDLANDER JUMBLE**

The past month the children in the Midlander room have taken a keen interest in the beach/ocean after Miss Noeleen brought in some coral/shells that she found at the beach. We have been extending on this interest by setting up small ocean worlds with sand, water, shells and sea animals and doing lots of ocean craft such as making our own jellyfish and crabs. This has also led to an interest in the song 'slippery fish' which we have been singing at group time. The children have begun showing an interest in letters and numbers and started to write and draw their own letters over the past week, we will be extending on that in the coming weeks with number matching activities and magnetic letters, etc. With the recent long weekend and school holidays, a lot of our friends have enjoyed going away or going camping with their families, with this interest, we have decided to start our show and share roster again, this time asking children to bring in photos from home to share with their friends. There is a roster on the door to the Midlander room as well as on Storypark. We have also set up an office area outside, the children have been enjoying using old technology such as laptops, printers, phones and CD players in their play, we have set up more of these in our home corner within the room. With the recent Police visit, the children have been enjoying more of their transport and trucks and we started to look at emergency vehicles. We were lucky enough to have a visit from our local fire department and we thank one of our parents for making this possible. We are now looking at fire safety, including setting up hoses for the children to be their own firefighters out in the yard.

Just a reminder to please ensure your child is wearing their own hat each day and sunscreen and insect repellent is being applied on arrival. Please also ensure all your child's belongings are clearly labelled including milk bottles, dummies, sheets and comforters.

From the Midlander Team

Miss Steph, Miss Noeleen, Miss Maria & Miss Sally

### **GULFLANDER NEWS**

What a colourful few months we have had in the Gulflander room as we have explored rainbows. The children showed a large interest in colours which we built on by exploring rainbows. Through this we learnt the Auslan version of the song 'I can sing a rainbow', learning to sign all the different colours. We created and painted rainbow fish and painted our own rainbows. We've also been working on strengthening our fine motor skills through a variety of activities such as cutting with scissors, tracing shapes with our pens, playdough and using droppers. Shapes were a large focus as we built on our knowledge of the different shapes. We created different shapes using our bodies, drew shapes in the sand, used shape stamps to paint with and collaged shapes. We were very lucky to have a visit from the Police which extended into looking at road safety. We spoke about the importance of holding hands when crossing the road and wearing a seatbelt while driving. From this, we created a police station within our room along with police cars out of cardboard boxes. We got very interested in music the last month so we





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moved the piano out into the middle of the room and brought a number of different musical instruments out to explore and play. At group times we all sat together to sing songs while playing our instruments. Over the last two weeks ocean animals have become a main interest which we are going to extend on by focusing on a different ocean animal each day, looking at interesting facts about them, what they eat and what they look like.

Gulflander Team  
Miss Ayla, Miss Nicole and Miss Amore.

### **KINDY SHANANIGANS**

Hello to all our lovely families, welcome to our June/July catch up newsletter. We started June off by continuing to celebrate Reconciliation Week that was started at the end of May. The children were very interested in learning about Warnayarra Rainbow Snake and this led to extending on the subject through creative stories and using different mediums to paint and draw our understandings. In particular, the children were able to demonstrate their understanding of National Sorry Day through their paintings and verbalising what was happening in their story. The children have decided that we will continue learning about other animals in the Dreamtime stories and we will be looking at these during July. We introduced group time reflections where we ask a question and the children share their answers, these questions encourage the children to reflect on their own learning during the day and consolidate their understandings. We have also been extending on our questioning skills during show and share group times. During May/June the children brought in books which they had to tell us about the story and encouraged children to “retell” their story with some opting to “read” their story with us. During June/July show and share, we have been investigating professions and have been encouraging children to share what their parents do for jobs. This has inspired lots of discussions about gender roles and helping us to understand that girls and boys can do any profession, and when we grow up, we can be and do anything we want to be. In learning about professions, we had a visit from Nate’s dad, a policeman and some friends who brought a police motorbike and car which we got to explore. We welcome our families to share their professions and resources with us and we are so appreciative. A huge thank you to all the parents who have been donating resources to us (books, boxes, paper) rest assured they have been put to good use.

Our garden and yard care has been growing as children now take on the responsibility of watering and choosing resources (wheelbarrows, rakes, brooms) to clean up our yard. Our music program resumed with Miss Marg visiting once a week and trying to choose alternate days to be inclusive to all children. We have been working on developing our breathing techniques and learning notes to match the piano. We have learnt some new songs and singing some well-known ones too. Miss Marg has also spent some time helping us with our pencil grip and control in forming the letters in our name. Lastly, we celebrated Teddy Bears Picnic day with lots of hugs with our teddies and sharing a picnic lunch with our Gulflander friends. We will also be supporting Pyjama Day, wearing our PJ’s to raise money for Foster Care children. Thank you again everyone for your support.

Warm wishes,  
Miss Lynda, Miss Jamie and Miss Pama.





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## Dates to Remember:

**Sunday 26<sup>th</sup> July** – National Tree Day  
**Saturday 1<sup>st</sup> – Sunday 2<sup>nd</sup> August** – Italian Festival  
**Sunday 6<sup>th</sup> September** – Father's Day  
**Saturday 12<sup>th</sup> August** – R U Okay Day  
**Friday 18<sup>th</sup> August** – Term 3 Ends  
**Friday 19<sup>th</sup> September** – Talk Like a Pirate Day  
**Sunday 23<sup>rd</sup> August** – Daffodil Day  
**Monday 24<sup>th</sup> – Friday 28<sup>th</sup> August** – Book Week

**Tuesday 25 and Wednesday 26<sup>th</sup> August –  
CENTRE PHOTO DAY (save the date)**

## **POLICY REVIEW FOR THE MONTH**

## **Arrival & Departure of Children**

### **This month's Recipe from the kitchen**

## **Shepherd's Pie**

*Shepherd's pie is a classic comfort food recipe that's healthy, hearty and filling. The bottom layer is a simple mix of ground lamb or beef and vegetables, simmered into a delicious savory sauce. Then, it's topped with fluffy and creamy mashed potatoes that form a golden crust. It's an easy, cozy meal the whole family will love!*

**Serves 8**

### **Ingredients:**

- 1 tablespoon of olive oil
- 1 brown onion, halved, finely chopped
- 1 carrot, peeled, finely chopped
- 2 celery sticks, trimmed, finely chopped
- 600g corn kernals, peas and mixed vegetables
  - 1 tablespoon of tomato paste
  - 500g of beef mince





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- Salt and freshly ground black pepper
  - 2 tablespoons of plain flour
- 500mls (2 cups) of Massel beef style stock
- 1 tablespoon of Worcestershire sauce
  - 1 bay leaf
- 4 (about 200g each) white potatoes peeled and chopped
  - 40g butter
  - 125ml (1/2 cup) milk

### Method:

- 1) Heat oil in a large saucepan over a medium high heat. Add onion, carrot and celery and cook, stirring for about 5 minutes or until soft. Add beef mince and cook, stirring to break up any lumps, for 5 minutes or until beef changes colour.
- 2) Add the flour and cook, stirring for 2 minutes or until combined. Add stock, bay leaf, Worcestershire sauce and tomato paste. Bring to the boil. Reduce heat to low and cook, stirring occasionally for 30 minutes or until sauce thickens. Taste and season with salt and pepper.
- 3) Meanwhile cook the potato in a saucepan of salted boiling water for 15 minutes or until tender. Drain well. Return to the pan with the butter. Use a potato masher or fork to mash until smooth. Add milk and use a wooden spoon to stir until combined. Taste and season with salt and pepper.
- 4) Preheat oven to 200 degrees. Spoon beef mixture into a 2L capacity ovenproof baking dish or use four individual ovenproof serving dishes. Top with mashed potato and brush with butter. Bake in a preheated oven for 20 minutes or until mashed potato is golden brown. Serve immediately.

Enjoy!

## Free Activities to Do Around the Home

### Easy No Cook Playdough

Ingredients:

- 2 c. flour
- 1 c. salt
- 3 tablespoons cream of tartar (powder)
- 2 tablespoons oil
- 2 c. boiling water
- 1 tsp. Peppermint extract (optional)
- Food coloring (optional)

[www.spendwithpennies.com](http://www.spendwithpennies.com)

No cooking required! Put all ingredients in a bowl and stir! Knead until smooth. Easy right?!? (Note: You cannot mess this one up!)



### HOMEMADE BUBBLES!

1 c. water  
4 T. dish soap  
1 T. glycerin





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## Community News

**Coronavirus (COVID-19)** healthdirect

<p><b>How to avoid infection or spreading the virus</b></p>	 <p>Wash your hands regularly with soap and water for at least 20 seconds.</p>	 <p>Avoid touching your eyes, nose or mouth.</p>	 <p>Cover your mouth or nose when coughing or sneezing.</p>
 <p>Use only disposable tissues, and dispose of them immediately after use.</p>	 <p>Avoid close contact with anyone showing respiratory symptoms.</p>	 <p>Monitor travel advice on <a href="http://www.smartraveller.gov.au">SmartTraveller smarttraveller.gov.au</a></p>	 <p>Stay at home when you are sick.</p>

Fairfield Waters Early Learning is supporting

## Wyld Hearts Sanctuary



A little bit about Wyld Hearts Sanctuary. My name is Yvette and I am a veterinary nurse with a passion for saving animals. We live on 150 acres and I am slowly turning this place into a sanctuary for animals on the verge of destruction (euthanasia). In my industry, the single hardest part of my job is seeing perfectly healthy animals being euthanased for something that is treatable or can be rehabilitated. Many animals, given the right environment and care can go on to live a happy and healthy life.

I have been a vet nurse for over 25 years and have raised, rescued, rehabilitated and rehomed countless animals. A large part of my focus is education (training) and also making sure the animals I release are matched with the right family and have the right environment so they can really blossom to their full potential. Not only that, I want to ensure they don't end up back in the "system" that I initially rescued them from.

We have all types of animals here, dogs, goats, horses, sheep, pigs, chickens and more. We aim to provide the best possible care we can and won't take in any more animals than financially affordable.

We have now obtained official charity status! We can receive donations. However at this stage they are not tax deductible. We are applying for our fundraising license so we can actually do fundraisers soon.



**To make a donation:**

Wyld Hearts Sanctuary INC  
 ACC - 10811975  
 BSB - 064 817

 Give them a "LIKE" on Facebook:

<https://www.facebook.com/pages/category/Nonprofit/Organization/Wyld-Hearts-Sanctuary-1831976370426872/>



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## family and child connect

Get the support you need  
to make things better  
for you and your family

**13-FAMILY 13-32-64**

[familychildconnect.org.au](http://familychildconnect.org.au)



### How we can help

Family and Child Connect can give you and your family a hand to get back on track by connecting you to the services you need. We'll talk with you about your situation and work out the type of support you might find helpful for you and your family.

We can connect you to local services that can help with:

- managing your child's behaviour
- building better family relationships
- stopping any violence at home
- budgeting and managing money
- alcohol, drug or gambling problems
- housing, health care or other community or government services.

Family and Child Connect services are provided by trusted, local organisations who are experienced in working with families.

You can use this service as often as you need. There is no limit and no cost.

### What happens when you call?

When you contact Family and Child Connect you will speak to a staff member who will listen to your concerns.

Family and Child Connect staff understand that every family is different so when you speak with us you will get advice and support specific to your situation for you and your family.

We may be able to help you in just one phone call – either by providing advice or referring you to a support service or we might arrange to visit you at home or a safe place to talk.

Family and Child Connect can help you to get the support you need to make things better for you and your family.

It's confidential, free and worth the call.